

# Cyber Awareness

It is increasingly possible for online fraudsters to piece together knowledge about us from the pieces of information we share through social media and digital services. Name, contact information, date of birth and gender are all examples of the personal information we share – often without thinking about it. And by doing so, placing us at risk of fraud and cyber-crime.

By making a few tweaks to your mobile devices and digital services you can greatly improve online safety and restrict the personal data that you share. This topic will give you an introduction to cyber awareness to help you protect yourself online.

## Description

This topic is for anyone wanting to improve their awareness of digital and online data privacy.

In this workshop, we will show you how easy it can be for others to obtain your personal data and how to reduce the risks of data theft through tweaking your digital devices and behaviour. Doing so helps you to stay safe when using digital and online platforms.

## What does it involve?

This is a 1-day, instructor-led workshop. There are 5 modules to introduce to cyber awareness and how to protect your data online. You will learn about the footprint we create when using digital services and how to manage device, browser and application settings to protect your

personal data. You will also learn about the different types of personal data stored online and by social media, learning how to take steps to reduce your risk of falling victim to online fraud or cyber-crime.

## What's the outcome?

You will understand the risks associated with your personal data and how they may be exposed online, learning how to correctly configure tools that will help you limit and control the information you share. This will help you to reduce the risk of data loss when using digital services, social media and websites. You will also learn about some of the tricks that fraudsters use to elicit personal data through social engineering so that you can take steps to protect yourself online.

## Learning activities



### Delivery method:



### Estimated learning time:

1 day

## How to book

[bookings.governmentcampus.co.uk](https://bookings.governmentcampus.co.uk)

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