

Neuroscience and Change

For those leaders engaging people with change, Neuroscience provides a new lens that can be used to better understand people and their behaviour.

Description

At a time when organisations are focused on productivity but also concerned about the emotional and mental well-being of their employees, neuroscience can provide practical insights into how to achieve both.

If you're struggling to engage people with change in your organisation or wanting to improve the way change is managed, understanding a little more about how our brains work can definitely help. Neuroscience provides a new lens through which to understand people and their behaviour.

What does it involve?

This 1-day masterclass builds your understanding of the field of neuroscience and change, helping you to better understand how the brain reacts to change and what you can do to communicate and engage people with change.

For a taster on this topic, you can access the following evidence based, practical guide to managing change [Neuroscience for organisational change](#).

What's the outcome?

By the end of the workshop you will understand the impact of change on the brain and will be able to identify how to keep people performing at their best. You will have explored ways to motivate and engage people and will have your own plan for working with the brain in mind.

Learning activities



Online
resources




Workshop



Discussion

Delivery method:

F2F 

Estimated learning time:

1 day

How to book

This topic is for the Senior Civil Service (SCS), Grade 6 and Grade 7 civil servants

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